

My name is

And this is

My Zippy Book 2



My name is

I am

years old

My birthday is

I am good at

My school is called

My class is called

This is me:

SAMPLE

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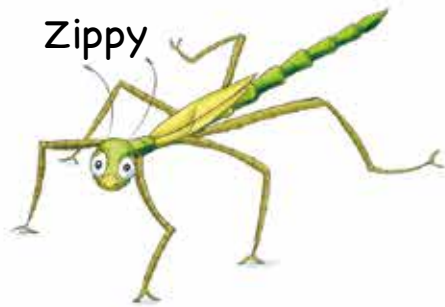
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Who's who?



Zippy

Leela



Tig



Sandy



Sandy & Finn's Mum



Leela & Tig's Mum

Leela & Tig's Dad



Finn



Mr Johnson



Mrs Barder



Mrs Barder's dog, Muffin



Dilip



Jill



Tommy

Ali



Jack

Golden Rules for Choosing a Helpful Solution

It makes
me feel
better

It doesn't
hurt me or
anyone else



My feelings diary

Today I felt
(Write a sentence)

Today I felt
(Draw a picture)

**One thing that
made me happy**
(draw or write a sentence)

	Today I felt (Write a sentence)	Today I felt (Draw a picture)	One thing that made me happy (draw or write a sentence)
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			

SAMPLE

Feelings chart



HAPPY



ANGRY



SCARED



DISAPPOINTED



JEALOUS



SURPRISED



EXCITED



NERVOUS



SAD



LONELY

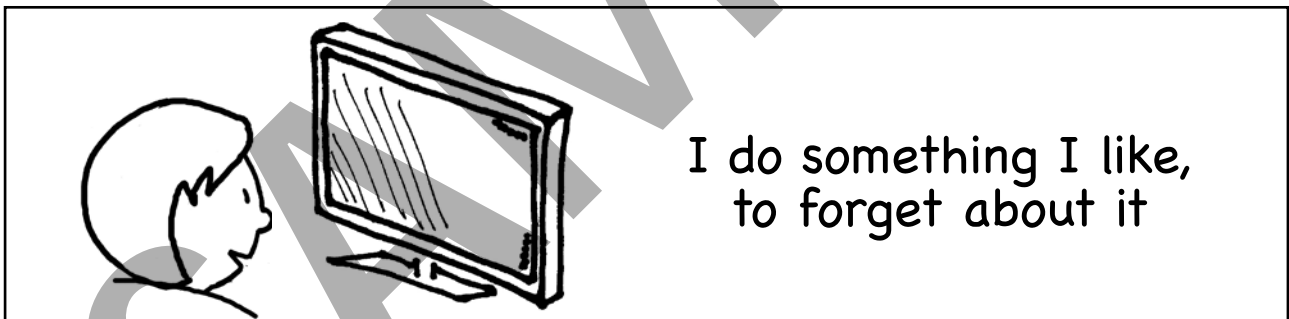
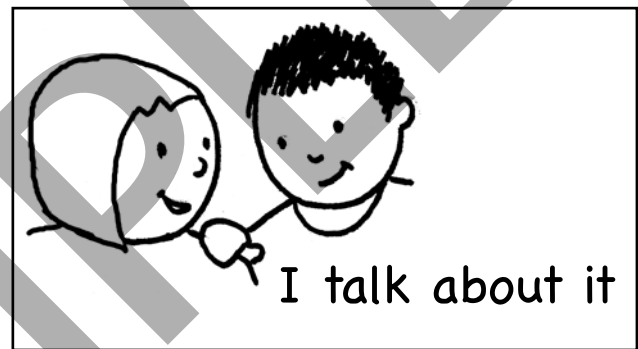
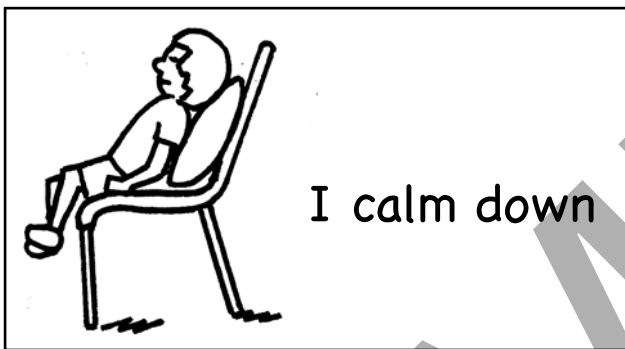
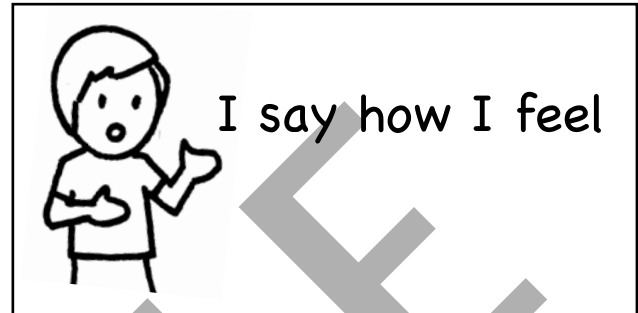


EMBARRASSED



BORED

What I can do when I feel jealous



I feel jealous when _____

What I do to feel better

To order workbooks for your pupils, please email info@partnershipforchildren.org.uk or visit www.partnershipforchildren.org.uk

SAMPLE



www.partnershipforchildren.org.uk

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